Earl Warren PTSA Presents

Technology & Teens

Why Today's Super-connected Kids are Growing Up Less Rebellious, More Tolerant, Less Happy and Completely Unprepared for Adulthood

March 12th, 2019 6:30 - 8:00 pm

Earl Warren Middle School
Multipurpose Room
155 Stevens Avenue
Solana Beach, CA



Jean Twenge is a highly sought-after speaker, professor of psychology at San Diego State University, and author of *Generation Me* and *iGen*. Her research suggests that today's "smartphone generation" is likely to be lonelier, more unhappy and more anxious than prior generations. In this free event, sponsored by the Earl Warren PTSA, Dr. Twenge presents her research on the effects of screens and social media on teens and tweens, along with guidance on what parents can do to mitigate potentially negative effects of technology.